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TRAINING ATHLETES FOR SPORT EVENTS MANAGEMENT 2016-2017



Generalitat
de Catalunya

TASEM PROGRAMME

Module coordinator: Tarragona Municipality

MONTH: September 2016

Place: Tarragona (Spain)

DAYS: 3rd, 4th

SESSION 1

H	Saturday 3 rd	Sunday, 4 th
8h 9,30h	General Presentation TASEM PROGRAM	
	Coffee-break	Coffee-break
9,45h 11,15h	Alain Ferrand Managing sport events from a stakeholder's perspective	Carlos Claramunt Recovery post competition
	Break	Break
11,45h 13,45h	TRAINING	TRAINING
	LUNCH	LUNCH
15h 17h	Laura Barbancho High level training from human and psychological perspective	Jordi Ferré Disruptive technologies for smart hydration
	Coffee-break	Coffee-break
17,15h 18,15h	FREE	Juanan Fernandez A case of study
	Break	Break
19,00h 20,00h	TRAINING	TRAINING
	DINNER	DINNER



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Generalitat
de Catalunya

TASEM PROGRAMME

Module coordinator: CONI

MONTH: November 2016

Place: Tirrenia (Italy)

DAYS: 14th, 15th

SESSION 2

H	Monday 14 th	Tuesday, 15 th
8h 9,30h		Renzo Ferrante Non-analytical ADRV: the Italian law enforcement experience
	Coffee-break	Coffee-break
9,45h 11,15h	Francesca Zurlo Nutrition and athletic performance Part I	Marco Ferrante Definition of Doping: the regulatory framework
	Break	Break
11,45h 13,45h	TRAINING	TRAINING
	LUNCH	LUNCH
15h 17h	Francesca Zurlo Nutrition and athletic performance Part II	Marco Arpino Education & Prevention
17,15h 18,15h		
	Break	Break
19,00h 20,00h	TRAINING	TRAINING
	DINNER	DINNER



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INEFC

Generalitat de Catalunya

TASEM PROGRAMME

Module coordinator: Foggia University

MONTH: January 2017

Place: Foggia (Italy)

DAYS: 16th, 17th

SESSION 3

H	Monday 16 th	Tuesday, 17 th	Wednesday, 18 th
8h 9,30h	Prof. A. Petito and Dott. Iuso Sport activity in children and adolescents: temperament and emotional traits	Danao Leggio Sport Phycology	Prof. Anna Maria Petito and dott. F. Sesto The Relationship between Personality Traits
	Coffee-break	Coffee-break	Coffee-break
9,45h 11,15h	Prof. Anna Maria Petito Dott. Iuso Sport activity in children and adolescents: disordered eating behavior health and motives	Danao Leggio Sport Phycology	Prof. Anna Petito and dott. Francesco Sesto Depressive Symptoms in Elite Athletes
	Break	Break	Break
11,45h 13,45h	FREE	TRAINING	Humanities Visits C.U.S. Salerno
	LUNCH	LUNCH	LUNCH
15h 17h	Humanities Visits	Danao Leggio Sport Phycology	Humanities Visits C.U.S. Salerno Organization of Universiade 2019
	Coffee-break	Coffee-break	Coffee-break
17,15h 18,15h	Humanities Visits	Danao Leggio Sport Phycology	Humanities Visits Salerno "Luminarie"
	Break	Break	Break
19,00h 20,00h	Humanities Visits	TRAINING	
	DINNER	DINNER	DINNER



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Generalitat
de Catalunya

TASEM PROGRAMME

Module coordinator: INEFC - David Carreras (PhD)

MONTH: March 2017

Place: Formia (Italy)

DAYS: 13th, 14th

SESSION 4

H	Monday 13 th	Tuesday, 14 th
8h		
9,30h		
	Coffee-break	Coffee-break
9,45h	Work-shop New tendencies preventive Training	Work-shop New tendencies preventive Training
11,15h		
	Break	Break
11,45h	TRAINING	TRAINING
13,45h		
	LUNCH	LUNCH
15h	Work-shop New tendencies preventive Training	Work-shop New tendencies preventive Training
17h		
	Coffee-break	Coffee-break
17,15h	FREE	Work-shop New tendencies preventive Training
18,15h		
	Break	Break
19,00h	TRAINING	TRAINING
20,00h		
	DINNER	DINNER



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Generalitat
de Catalunya

TASEM PROGRAMME

Module coordinator: INEFC - Jorge Serna

MONTH: May 2017

Place: Barcelona (Spain)

DAYS: 15th, 16th

SESSION 5

H	Monday 15 th	Tuesday, 16 th
8h		
9,30h		
	Coffee-break	Coffee-break
9,45h	Work-shop Player holistic view	Work-shop Strength training
11,15h		
	Break	Break
11,45h	TRAINING	TRAINING
13,45h		
	LUNCH	LUNCH
15h	Work-shop Emotional Intelligence and decision- making in sport	Work-shop Endurance training
17h		
	Coffee-break	Coffee-break
17,15h	FREE	Work-shop Concurrent training
18,15h		
	Break	Break
19,00h	TRAINING	TRAINING
20,00h		
	DINNER	DINNER



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Generalitat
de Catalunya

TASEM PROGRAMME

Module coordinator: INEFC - Jorge Lorenzo Calvo

SESSION 7

MONTH: September 2017

Place: Formia (Italy)

DAYS: 4th, 5th

H	Monday 4 th	Tuesday, 5 th
8h		
9,30h		
	Coffee-break	Coffee-break
98,45h		
11,15h	Work-shop The communication athlete-coach	Work-shop Stages of life of high performance sports teams
	Break	Break
11,45h	TRAINING	TRAINING
13,45h		
	LUNCH	LUNCH
15h		
17h	Work-shop The communication athlete-coach	Work-shop Management of emotions in competition
	Coffee-break	Coffee-break
17,15h		
18,15h	Work-shop Development of the potential talent of the athletes	Work-shop Management of emotions in competition
	Break	Break
19,00h		
20,00h	Work-shop Development of the potential talent of the athletes	
	DINNER	DINNER